



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					9:00am Walk-A-Block 10:00am Karaoke - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Classical Music with Patrick Ray 4:00pm Happy Half 6:45pm Cookie Baking	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm BlazePods Game 2:00pm Hand Massage/ Manicure - 2 4:00pm Happy Half 6:45pm Movie Night
3	4	5	6	7	8	9
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Arts and Crafts - Painting	9:00am Walk-A-Block 10:30am Sensory - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Tai Chi 3:00pm Word Timer 4:00pm Happy Half Star Wars Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Lunch & Learn - Cinco de Mayo 2:30pm Cinco De Mayo with Luna Rossa 4:00pm Happy Half Red Dress Day Cinco de Mayo	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Mother's Day Decorating 4:00pm BlazePods Game 6:45pm Happy Half Gong Therapy	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:15am Fitness - 2 2:00pm Cycling Without Age 2:30pm Afternoon @ the Cafe / SGPL Community Service Club 4:00pm Happy Half 6:45pm Spa Night Vaccination Clinic: Wear Short Sleeves!	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Persian Marbling 4:00pm Happy Half 6:45pm Cinnamon Bun Baking	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Flower Arranging 2:30pm Smoothie Social - 2 4:00pm Happy Half 6:45pm Movie Night
10	11	12	13	14	15	16
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:30pm Mother's Day with Robert Sproviero 4:00pm Happy Half 6:45pm Bingo Mother's Day	9:00am Walk-A-Block 10:30am Sensory - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Tai Chi 4:00pm Happy Half Nurses Week	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Lunch & Learn - Nurses Day 2:00pm Sing a long - 3 2:00pm Domino - 4 3:00pm Sing a long - 4 4:00pm Happy Half International Nurses Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Birthday Party with Luna Rossa 4:00pm Happy Half 6:45pm Gong Therapy	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Chair Yoga - 3 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Cycling Without Age 2:30pm Afternoon @ the Cafe / SGPL Community Service Club 4:00pm Happy Half 6:45pm Indoor Golf	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Bowling 2:30pm Soup Club - 2 4:00pm Happy Half 6:45pm Cookie Baking International Day of Families	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Ice Cream Party with Michael Diaconu 4:00pm Happy Half 6:45pm Movie Night





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17	18	19	20	21	22	23
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Arts and Crafts	9:00am Walk-A-Block 10:30am Sensory - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Tai Chi 3:00pm Hangman - Victoria Day Theme 4:00pm Happy Half Victoria Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 4 2:00pm Sing a long - 3 2:00pm Domino - 4 3:00pm Sing a long - 4 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Music with Bob Collins 4:00pm Happy Half 6:45pm Gong Therapy	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Chair Yoga - 3 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Cycling Without Age 2:00pm Music Therapy 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Dominoes and Mocktails	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Tea and Toast 4:00pm Happy Half 6:45pm Cinnamon Bun Baking	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Flower Arranging 2:30pm Karaoke - 2 4:00pm Happy Half 6:45pm Movie Night
24	25	26	27	28	29	30
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Arts and Crafts	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Tai Chi 3:00pm Resident / Food Council Meeting 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 3 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Welcome New Residents with Hand Over Heart 4:00pm Happy Half 6:45pm Gong Therapy	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Chair Yoga - 3 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Cycling Without Age 2:00pm Music Therapy - 2 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Dominoes and Margaritas	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Celebration of Life with Rebecca Blair 4:00pm Happy Half 6:45pm Cookie Baking	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Bean Bag Toss & Ice Cream Social 4:00pm Happy Half 6:45pm Movie Night
31						
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Pub Night - Karaoke						

