



# South Granville Park Lodge

## Activity Calendar

April 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Chair Yoga with Laina Barber 11:15am Fitness - 2 11:50am Chair Yoga - Laina Barber 2:30pm Birthday Party with Luna Rossa 4:00pm Happy Half 6:45pm Movie Night <b>Passover Starts</b></p>	<p>2</p> <p>9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Chair Yoga - 3 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Music Therapy - 2 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Arts and Crafts - Easter</p>	<p>3</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Classical Music with Patrick Ray 4:00pm Happy Half 6:45pm Cookie Baking <b>Good Friday</b></p>	<p>4</p> <p>9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Easter Bunny Visit and Egg Hunt 4:00pm Happy Half 6:45pm Word Timer - Easter Theme</p>
<p>5</p> <p>9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Easter Bingo 4:00pm Happy Half 6:45pm Easter Movie <b>Easter</b></p> 	<p>6</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Afternoon @ the Cafe 4:00pm Happy Half <b>Easter Monday</b></p>	<p>7</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Lunch &amp; Learn - Passover 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half</p>	<p>8</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Movie Hits with Anna de Pansacola 4:00pm Happy Half 6:45pm Movie Night <b>International Day of Pink</b></p>	<p>9</p> <p>9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Music Therapy - 2 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Hand Massage/ Manicure <b>Passover Ends</b></p>	<p>10</p> <p>9:00am Walk-A-Block 10:45am Sensory - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Bunny Visit with Farm Friends 4:00pm Happy Half 6:45pm Cinnamon Bun Baking</p>	<p>11</p> <p>9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Flower Arranging 4:00pm Happy Half 6:45pm Arts and Crafts - Painting</p>
<p>12</p> <p>9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Pub Night with Trivia</p>	<p>13</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:30pm Evan Symons 4:00pm Happy Half</p>	<p>14</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Lunch &amp; Learn - Vaisakhi 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half <b>Vaisakhi</b></p>	<p>15</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Music with Michael Diaconu 4:00pm Happy Half 6:45pm Movie Night</p>	<p>16</p> <p>9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:30pm Bob Collins - Springtime 4:00pm Happy Half 6:45pm Hand Massage/ Manicure</p>	<p>17</p> <p>9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Karaoke 4:00pm Happy Half 6:45pm Cookie Baking</p>	<p>18</p> <p>9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Waffle Baking - 2 3:00pm Indoor Golf 4:00pm Happy Half 6:45pm Hangman</p>

# South Granville Park Lodge

## Activity Calendar

April 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Reminiscing	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Resident / Food Council Meeting 4:00pm Happy Half <b>National Volunteer Week</b>	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 4 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Volunteer Appreciation with Robert Sproviero 4:00pm Happy Half 6:45pm Movie Night <b>Earth Day</b>	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Music Therapy - 2 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Hand Massage/ Manicure	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Celebration of Life with Rebecca Blair 4:00pm Happy Half 6:45pm Cinnamon Bun Baking	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Flower Arranging 4:00pm Happy Half 6:45pm Arts and Crafts - Collaging
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>		
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 4:00pm Happy Half 6:45pm Pub Night Trivia	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Tea and Toast 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 3 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half <b>World Day for Health &amp; Safety @ Work</b>	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Welcome New Residents with Hand Over Heart 4:00pm Happy Half 6:45pm Movie Night	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:15am Fitness - 2 12:00pm Chair Yoga - 4 2:00pm Music Therapy - 2 3:00pm SGPL Community Service Club 4:00pm Happy Half 6:45pm Hand Massage/ Manicure		