

South Granville Park Lodge

Activity Calendar

December 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:30pm Christmas Tree Decorating 4:00pm Happy Half National Cookie Cutter Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 4 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 2:00pm Family Christmas Party with Natasha - 2 4:00pm Happy Half 6:45pm Bingo	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Zumba - 4 2:00pm Music Therapy (Main Floor) 4:00pm Happy Half 7:00pm Family Christmas Party with Robert Sproviero - 3 & 4	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Classical & Holiday Music with Patrick Ray 4:00pm Happy Half 6:45pm Cookie Baking on the Floors	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Los Parranderos - Venezuelan Caroling 4:00pm Happy Half 6:45pm Karaoke and Holiday Mocktails
7	8	9	10	11	12	13
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:30pm Sea Island Ballet Dance Group 4:00pm Happy Half 6:45pm Science Experiment - Slime Making National Slime Day	10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Armchair Traveling 4:00pm Happy Half Pretend to be a Time Traveler Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:30am Picnic Lunch - 3 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half National Pastry Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Birthday Party with Luna Rossa 4:00pm Happy Half 6:45pm Movie Night & Lager National Lager Day	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Zumba - 4 2:00pm Laughter Yoga 2:00pm Music Therapy - 2 3:15pm Resident / Food Council Meeting 4:00pm Happy Half 6:45pm Ugly Sweater Decorating Christmas Jumper Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Patrick Ray Holiday Music 4:00pm Happy Half 6:45pm Gingerbread House Making with Eggnog	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Flower Arranging 4:00pm Happy Half 6:45pm Christmas Movie & Hot Cocoa National Hot Cocoa Day
14	15	16	17	18	19	20
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:30pm Dorothy Uy Teng-Su Students 4:00pm Happy Half 6:45pm Bingo Chanukkah Begins	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Karaoke 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Lunch & Learn - Chanukkah 2:00pm Crofton House School Choir 2:15pm Sensory - 2 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Holiday Music with Rebecca Blair 4:00pm Happy Half 6:45pm Cinnamon Bun Baking with Maple Syrup National Maple Syrup Day	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Zumba - 4 2:30pm Kids Christmas Party with Anna de 4:00pm Happy Half 6:45pm Hand Massage/Manicure	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Talk with Actor Bernard Cuffling 4:00pm Happy Half 6:45pm Karaoke and Holiday Mocktails	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm Lord Byng Secondary School Choir 4:00pm Happy Half 6:45pm Sangria & Dominoes National Sangria Day

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Activity Calendar

December 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
21	22	23	24	25	26	27
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:30pm Welcome New Residents & Winter with Hand Over Heart 4:00pm Happy Half 6:45pm Bingo	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:00pm Holiday Baking 4:00pm Happy Half Chanukkah Ends	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 11:30am Picnic Lunch - 2 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half National Christmas Movie Marathon Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Christmas Carols Karaoke 4:00pm Happy Half 6:45pm Cookie Baking on the Floors Christmas Eve	9:00am Walk-A-Block 10:30am Parkinson's Fitness 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Zumba - 4 2:00pm Christmas Tea Time 2:00pm Music Therapy - 2 4:00pm Happy Half 6:45pm Christmas Bingo Christmas Day	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Holiday Trivia 4:00pm Happy Half 6:45pm Christmas Movie & Candy Cane Hot Cocoa National Candy Cane Day	9:00am Walk-A-Block 9:30am Catholic Service 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:00pm Indoor Bowling 2:00pm Soup Club 4:00pm Happy Half 6:45pm Hangman - Holiday Theme
28	29	30	31			
9:00am Walk-A-Block 10:30am Fitness - 2 11:00am Fitness - 3 12:00pm NeuroFit - 4 2:00pm Bingo 2:15pm Sensory 4:00pm Happy Half 6:45pm Pub Night with Cuneyt	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Weight Class - 3 11:15am Fitness - 2 12:00pm Weight Class - 4 2:15pm New Year's Word Timer 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:15am Fitness - 2 2:00pm Sing a long with Natasha - 3 2:00pm Domino - 4 2:15pm Sensory - 2 3:00pm Sing a long with Natasha - 4 4:00pm Happy Half	9:00am Walk-A-Block 10:00am Music Therapy - 2 11:00am Fitness - 3 11:15am Fitness - 2 12:00pm Fitness - 4 2:30pm New Year's Party with Bob Collins 4:00pm Happy Half 6:45pm New Year's Movie and Champagne New Year's Eve			