

ACTIVITY CALENDAR – AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>Note:</div> <div>Schedule of activities/programs may change without notice.</div> <div>Thank you!</div>					<div>1</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:30 p.m. Patrick Ray – Classical Music 4:00 p.m. Happy Half 6:45 p.m. Pub night on Patio</div> <div>“International Beer Day”</div>	<div>2</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Fitness - 2 2:00 p.m. Flower Arranging on Patio 2:00 p.m. Hand Massage - 2 4:00 p.m. Happy Half 6:45 p.m. Ice Cream Sandwich Social on Patio “National Sunflower Day” “National Ice Cream Sandwich Day”</div>
<div>3</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Sensory - 2 2:00 p.m. Watermelon Social 4:00 p.m. Happy Half 6:45 p.m. Arts & Crafts</div> <div>“National Watermelon Day”</div>	<div>4</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:30 p.m. BC Day with Lorraine Smith 4:00 p.m. Happy Half</div>	<div>5</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Picnic Lunch– 3 2:00 p.m. Coloring - -2 2:00 p.m. Karaoke 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</div>	<div>6</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Chair Yoga - 3 11:40 p.m. Chair Yoga - 4 12:50 p.m. Walks/1-1 - 2 2:30 p.m. Birthday Party with Luna Rossa 4:00 p.m. Happy Half 6:45 p.m. Hangman Game</div>	<div>7</div> <div>9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Fitness 11:00 a.m. Fitness – 3 12:00 p.m. Zumba– 4 12:50 p.m. Walks/1:1 2:00 p.m. Men’s Club on Patio 2:00 p.m. Music Therapy - 2 4:00 p.m. Happy Half 6:45 p.m. Evening Walks</div>	<div>8</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Tea Social with Mochi 4:00 p.m. Happy Half 6:45 p.m. Movie Night</div> <div>“National Mochi Day”</div>	<div>9</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:15 a.m. Walks - 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Bingo 4:00 p.m. Happy Half</div>

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10 9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Music with Yuliya 4:00 p.m. Happy Half 6:45 p.m. Domino	11 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy -2 11:00 a.m. Weight Class – 3 11:15 a.m. Fitness Class - 2 12:00 p.m. Weight Class – 4 2:00 p.m. Hangman Game on Patio 4:00 p.m. Happy Half	12 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy- 2 11:30 a.m. Lunch & Learn on India with Josh 2:00 p.m. Parfait Social 2 2:00 p.m. Karaoke 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half	13 9:00 a.m. Walk a Block 11:00 a.m. Fitness -3 11:15 a.m. Fitness Class – 2 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Bob Collins Theme: Beach Party 4:00 p.m. Happy Half 6:45 p.m. Bingo	14 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness – 3 12:00 p.m. Zumba – 4 12:50 p.m. Walks/1:1 2:00 p.m. Music Therapy - 2 2:00 p.m. Tea & Toast 3:30 p.m. Resident Food Council Meeting 4:00 p.m. Happy Half 6:45 p.m. Evening Walks	15 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. India Independence Day 4:00 p.m. Happy Half 6:45 p.m. Movie Night	16 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Music with Robert Sproviero 4:00 p.m. Happy Half 6:45 p.m. Art Class
17 9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Karaoke	18 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:00 p.m. Indoor Bowling 4:00 p.m. Happy Half	19 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Picnic Lunch - 2 2:00 p.m. Smoothie Social - 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along 4 4:00 p.m. Happy Half	20 9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 p.m. Fitness - 4 2:30 p.m. Michael Jezerinac & Patrizia Coletta – Tribute to Elvis 4:00 p.m. Happy Half 6:45 p.m. Domino on Patio	21 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness– 3 12:00 p.m. Zumba – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Indoor Golf 2:00 p.m. Music Therapy – 2 3:30 p.m. Resident-Led Council Meeting 4:00 p.m. Happy Half 6:45 p.m. Evening Walks	22 9:00 a.m. Walk a Block 10:00 a.m. Karaoke - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:00 p.m. Karaoke 4:00 p.m. Happy Half 6:45 p.m. Movie Night	23 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Wong’s Family Instrumental Music 4:00 p.m. Happy Half 6:45 p.m. Art Class
24/31 9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 p.m. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Karaoke - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Domino	25 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class– 4 2:00 p.m. Banana Split Social 4:00 p.m. Happy Half “National Banana Split Day”	26 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Picnic Lunch - 4 2:00 p.m. Baking - 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along 4 3:15 p.m. Afternoon Walks/1:1 Visit 4:00 p.m. Happy Half	27 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks 2:30 p.m. Welcome New Residents with Hand Over Heart 4:00 p.m. Happy Half 6:45 p.m. Bingo	28 9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness– 3 12:00 p.m. Zumba – 4 2:00 p.m. Sports Day 4:00 p.m. Happy Half 6:45 p.m. Evening Walks	29 9:00 a.m. Walk a Block 10:00 a.m. Karaoke - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 visit 2:30 p.m. Celebration of Life with Rebecca Blair 4:00 p.m. Happy Half 6:45 p.m. Movie Night	30 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Margarita Social on Patio 4:00 p.m. Happy Half 6:45 p.m. Art Class