

ACTIVITY CALENDAR – JUNE 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>1</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Sensory - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Domino</div>	<div>2</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:30 p.m. Italian Day with Luna Rossa 4:00 p.m. Happy Half</div>	<div>3</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Picnic Lunch – 2 2:00 p.m. Parfait Social - 2 2:00 p.m. Sing Along – 3 2:00 p.m. Domino – 4 3:00 p.m. Sing Along – 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</div>	<div>4</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Chair Yoga - 3 11:40 p.m. Chair Yoga - 4 12:50 p.m. Walks/1-1 - 2 2:00 p.m. Ice Cream Social 4:00 p.m. Happy Half 6:45 p.m. Movie “The Amazing Maurice” “National Corgi Day”</div>	<div>5</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Parkinson’s Fitness 11:00 a.m. Fitness – 3 12:00 p.m. Zumba– 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Pride Day – Lorraine Smith 4:00 p.m. Happy Half 6:45 p.m. Documentary World Environment Day</div>	<div>6</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Karaoke 4:00 p.m. Happy Half 6:45 p.m. Movie Night</div>	<div>7</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Hangman Theme: Father 4:00 p.m. Happy Half 6:45 p.m. Art Class</div>
<div>8</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Sensory - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Arts & Crafts Theme: Philippines</div>	<div>9</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:00 p.m. Indoor Golf 4:00 p.m. Happy Half</div>	<div>10</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Lunch & Learn with Carol on Philippines – 4 2:00 p.m. Colouring - -2 2:00 p.m. Sing Along – 3 2:00 p.m. Domino – 4 3:00 p.m. Sing Along – 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</div>	<div>11</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Mindfulness Meditation- 3 11:40 a.m. Mindfulness Meditation - 4 12:50 p.m. Walks/1-1 - 2 2:30 p.m. Birthday Party with Luna Rossa 4:00 p.m. Happy Half 6:45 p.m. Hangman Game Theme: Philippines</div>	<div>12</div> <div>9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Fitness 11:00 a.m. Fitness – 3 12:00 p.m. Zumba– 4 12:50 p.m. Walks/1:1 2:30 p.m. Philippines Independence Day Party with Anna de Pansacola 4:00 p.m. Happy Half 6:45 p.m. Bingo</div>	<div>13</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Classical Music with Patrick Ray 4:00 p.m. Happy Half 6:45 p.m. Movie Night “Father’s Day”</div>	<div>14</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 1:45 p.m. Bean Bag Toss - 2 2:00 p.m. Flower Arranging 3:00 p.m. Reminiscing 4:00 p.m. Happy Half 6:45 p.m. Manicure & Hand Massage</div>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>15</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit - 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Father’s Day Party with Robert Sproviero 4:00 p.m. Happy Half 6:45 p.m. Hangman Game Theme: Father</div>	<div>16</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy -2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:00 p.m. Indoor Bowling 4:00 p.m. Happy Half</div>	<div>17</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy- 2 11:30 a.m. Picnic Lunch - 3 2:00 p.m. Soup Club- 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino – 4 3:00 p.m. Sing along 4 3:15 p.m. 1:1/Walks 4:00 p.m. Happy Half</div>	<div>18</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Mindfulness Meditation -3 11:40 p.m. Mindfulness Meditation - 4 12:50 a.m. Walks/1-1 – 2 2:30 p.m. Pina Colada Social 4:00 p.m. Happy Half 6:45 p.m. Word Timer</div>	<div>19</div> <div>9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness – 3 12:00 p.m. Zumba – 4 2:00 p.m. Music Therapy - 2 2:00 p.m. Tea & Toast 4:00 p.m. Happy Half 6:45 p.m. Gentle Touch/Hand Manicure</div>	<div>20</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Karaoke 4:00 p.m. Happy Half 6:45 p.m. Movie Night</div>	<div>21</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Waffle Social 3:00 p.m. Reminiscing 4:00 p.m. Happy Half 6:45 p.m. Art Class</div>
<div>22</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 pm. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Summer Party with Bob Collins 4:00 p.m. Happy Half 6:45 p.m. Documentary</div>	<div>23</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class – 4 2:00 p.m. Basketball Shooting 4:00 p.m. Happy Half</div>	<div>24</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:30 a.m. Picnic Lunch - 4 2:00 p.m. Smoothie Social - 2 – 2 2:00 p.m. Sing Along 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along 4 3:15 p.m. 1-1 visits 4:00 p.m. Happy Half</div>	<div>25</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Mindfulness Meditation – 3 11:40 a.m. Mindfulness Meditation - 4 2:30 p.m. Welcome New Residents with Hand Over Heart 4:00 p.m. Happy Half 6:45 p.m. Domino</div>	<div>26</div> <div>9:00 a.m. Walk a Block 10:30 a.m. Parkinson’s Exercise 11:00 a.m. Fitness– 3 12:00 p.m. Zumba – 4 12:50 p.m. Walks/1-1 – 2 2:00 p.m. Music Therapy - 2 4:00 p.m. Happy Half 6:45 p.m. Chocolate Pudding Social “National Chocolate Pudding Day</div>	<div>27</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:30 p.m. Celebration of Life with Rebecca Blair 4:00 p.m. Happy Half 6:45 p.m. Bingo “National Bingo Day”</div>	<div>28</div> <div>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1-1 – 2 2:30 p.m. Monica Han – Classical Music 4:00 p.m. Happy Half 6:45 p.m. Art Class</div>
<div>29</div> <div>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3 12:00 p.m. NeuroFit – 4 12:50 p.m. Walks/1-1 – 2 1:45 p.m. Karaoke - 2 2:00 p.m. Bingo 4:00 p.m. Happy Half 6:45 p.m. Pub Night & Karaoke</div>	<div>30</div> <div>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy – 2 11:00 a.m. Weight Class – 3 12:00 p.m. Weight Class– 4 2:00 p.m. Indoor Golf 4:00 p.m. Happy Half</div>					<div>NOTE: SCHEDULE OF ACTIVITIES/PROGRAMS MAY CHANGE WITHOUT NOTICE. THANK YOU!</div>