

ACTIVITY CALENDAR - APRIL 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Note: Schedule of activities/programs may change without notice. Thank you!</p>	<p>1 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class Training - 3 12:00 p.m. Weight Class Training - 4 2:00 p.m. Word Timer Theme: Easter 4:00 p.m. Happy Half</p>	<p>2 Picnic Lunch 3rd 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Picnic Lunch 2:00 p.m. Afternoon Program - 2 2:00 p.m. Sing Along - 3 2:00 p.m. Domino - 4 3:00 p.m. Sing Along - 4 4:00 p.m. Happy Half</p>	<p>3 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness Class - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness Class - 4 2:30 p.m. Birthday Party Luna Rossa 4:00 p.m. Happy Half</p>	<p>4 9:00 a.m. Walk a Block 10:30 a.m. Morning Program - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1:1 2:00 p.m. Music Therapy 2:00 p.m. Tea & Toast 4:00 p.m. Happy Half 5:00 p.m. A Good Read 6:45 p.m. Bingo</p>	<p>5 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness - 3 11:10 a.m. Music Program - 2 12:00 p.m. Fitness - 4 2:30 p.m. Classical Music Patrick Ray 4:00 p.m. Happy Half</p>	<p>6 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Morning Program - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half</p>
<p>7 9:00 a.m. Walk a Block 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 2:30 p.m. Music with Chris & Victoria 4:00 p.m. Happy Half 5:00 p.m. Manicure & Hand Massage 6:45 p.m. Bingo</p>	<p>8 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class Training - 3 12:00 p.m. Weight Class Training - 4 2:00 p.m. Bean Bag Toss 4:00 p.m. Happy Half</p>	<p>9 Picnic Lunch 2nd 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Picnic Lunch 2:00 p.m. Afternoon Program - 2 2:00 p.m. Sing Along - 3 2:00 p.m. Domino - 4 3:00 p.m. Sing Along - 4 4:00 p.m. Happy Half</p>	<p>10 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 p.m. Fitness Class - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness Class - 4 2:30 p.m. Music with Robert Sproviero 4:00 p.m. Happy Half 5:00 p.m. Colouring 6:45 p.m. Pictionary</p>	<p>11 9:00 a.m. Walk a Block 11:00 a.m. Fitness - 3 12:00 p.m. Fitness - 4 12:50 p.m. Walks/1:1 2:00 p.m. Music Therapy - 2 2:00 p.m. Arts & Crafts 2:40 p.m. Music Therapy - 2 4:00 p.m. Happy Half 5:00 p.m. A Good Read 6:45 p.m. Bingo</p>	<p>12 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Fitness - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness - 4 2:30 p.m. 50's Music with Bob Collins 4:00 p.m. Happy Half 5:00 p.m. Manicure & Hand Massage 6:45 p.m. Movie Night</p>	<p>13 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Morning Program - 2 11:00 a.m. Fitness - 3 12:00 pm. Fitness - 4 2:00 p.m. Karaoke 2:00 p.m. Afternoon Program - 2 4:00 p.m. Happy Half 5:00 p.m. 1:1 6:45 p.m. Domino</p>

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<p>14 9:00 a.m. Walk a Block 10:30 a.m. Morning program 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:30 p.m. Music Recital – Classical & Pop - Director – Dorothy Uy Teng Su (piano, violin, flute, french horn and vocals) 4:00 p.m. Happy Half 5:00 p.m. Domino 6:45 p.m. Arts & Crafts</p>	<p>15 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy - 2 11:00 a.m. Weight Class Training – 3 11:10 a.m. Morning Program - 2 12:00 p.m. Weight Class Training – 4 2:00 p.m. Crossword Puzzle 4:00 p.m. Happy Half</p>	<p>16 Picnic Lunch 4th 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Picnic Lunch 2:00 p.m. Afternoon Program 2 2:00 p.m. Sing Along - 3 2:00 p.m. Domino - 4 3:00 p.m. Sing Along - 4 4:00 p.m. Happy Half</p>	<p>17 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness - 4 2:30 p.m. Luau Party Lorraine Smith 4:00 p.m. Happy Half 5:00 p.m. 1:1 Visit 6:45 p.m. Bingo</p>	<p>18 9:00 a.m. Walk a Block 10:30 a.m. Morning Program - 2 11:00 a.m. Fitness - 3 12:00 p.m. Fitness – 4 2:00 p.m. Music Therapy 2 2:00 p.m. Tea & Toast 2:40 p.m. Music Therapy 4:00 p.m. Happy Half 5:00 p.m. Reminiscing 6:45 p.m. A Good Read</p>	<p>19 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 2:00 p.m. Indoor Golf 4:00 p.m. Happy Half 5:00 p.m. Manicure & Hand Massage 6:45 p.m. Movie night</p>	<p>20 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Morning Program - 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 1:15 p.m. Walks/1:1 2 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half 5:00 p.m. A Good Read 6:45 p.m. Domino</p>
<p>21 9:00 a.m. Walk a Block 10:30 a.m. Morning program 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Bingo 4:00 p.m. Happy Half 5:00 p.m. Manicures & Hand Massage 6:45 p.m. Word Timer</p>	<p>22 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy – 2 11:00 a.m. Weight Class Training – 3 11:10 a.m. Morning Program - 2 12:00 p.m. Weight Class Training – 4 2:00 p.m. Indoor Bowling 4:00 p.m. Happy Half</p>	<p>23 Picnic Lunch 3rd 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Picnic Lunch 11:10 a.m. Morning Program - 2 2:00 p.m. Afternoon Program - 2 2:00 p.m. Sing Along – 3 2:00 p.m. Domino - 4 3:00 p.m. Sing along - 4 4:00 p.m. Happy Half</p>	<p>24 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness - 4 2:30 p.m. Welcome New Residents - Hand Over Heart 4:00 p.m. Happy Half 5:00 p.m. A Good Read 6:45 p.m. Bingo</p>	<p>25 9:00 a.m. Walk a Block 10:30 a.m. Morning Program - 2 11:00 a.m. Breathing Class - Harsha Sosa – 3 11:40 a.m. Breathing Class - Harsha Sosa - 4 2:30 p.m. Brock House Hand Bell Quartet 4:00 p.m. Happy Half 5:00 p.m. 1:1 6:45 p.m. Hangman</p>	<p>26 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness - 3 11:10 a.m. Morning Program - 2 12:00 p.m. Fitness - 4 2:30 p.m. Celebration of Life - Rebecca Blair 4:00 p.m. Happy Half 5:00 p.m. Karaoke 6:45 p.m. Movie Night</p>	<p>27 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Morning Program - 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 1:15 p.m. Walks/1:1 2 2:00 p.m. Pictionary 4:00 p.m. Happy Half 5:00 p.m. Manicure & Hand Massage 6:45 p.m. Word Timer</p>

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<p>28 9:00 a.m. Walk a Block 10:30 a.m. Morning program 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Fitness - 2 2:30 p.m. The Awakeners Band 4:00 p.m. Happy Half 5:00 p.m. Manicure & Massage 6:45 p.m. Documentary</p>	<p>29 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Weight Class Training – 3 11:10 a.m. Morning Program - 2 12:00 p.m. Weight Class Training – 4 2:30 p.m. Music - Yuliya 4:00 p.m. Happy Half</p>	<p>30 Picnic Lunch 2 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:10 a.m. Morning Program - 2 11:30 a.m. Picnic Lunch 2:00 p.m. Afternoon Program - 2 2:00 p.m. Sing Along- 3 2:00 p.m. Domino -4 3:00 p.m. Sing along - 4 4:00 p.m. Happy Half</p>				