

ACTIVITY CALENDAR – DECEMBER 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Note: Music therapy on 2nd Floor Monday, Tuesday, Wednesday & Friday 10:00 am – 10:45 am Thursday 2:00 pm to 3:15 pm</p>			<p>1 9:00 a.m. Walk a Block 2:00 p.m. Music Therapy 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half 6:00 p.m. Vandusen Festival of Lights Tour</p>	<p>2 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. Christmas Tree Decorating/Hot Chocolate Social 4:00 p.m. Happy Half</p>	<p>3 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:00 p.m. Gentle Touch – 2nd 2:30 p.m. Arts & Crafts 4th 4:00 p.m. Happy Half 5:30 p.m. 1:1 6:30 p.m. Word Timer 4th</p>
<p>4 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Bingo 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half</p>	<p>5 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:30 p.m. Christmas Concert Anna de Pansacola 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half 5:30 p.m. Flower Arranging – 3rd 6:30 p.m. Flower Arranging – 4th</p>	<p>6 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:30 a.m. Picnic Lunch 2:00 p.m. Gentle Touch– 2nd 2:00 p.m. Domino 2:00 p.m. Sing along - 3rd 3:00 p.m. Sing along - 4th 4:00 p.m. Happy Half</p>	<p>7 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Luna Rossa Birthday Party 4:00 p.m. Happy Half</p>	<p>8 9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3rd 2:00 p.m. Music Therapy - 2nd 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half</p>	<p>9 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3rd 12:00 p.m. Fitness 4th 2:30 p.m. Concerts in Care 4:00 p.m. Happy Half</p>	<p>10 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:00 p.m. Documentary – 2nd 2:30 p.m. Art (coloring) 3rd 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half 5:30 p.m. 1:1 6:30 p.m. Word Timer (Christmas theme)</p>

<p>11 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. Apple Choir Concert 4:00 p.m. Happy Half</p>	<p>12 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 1:00 p.m. Bag gifts for Santa to give to residents 2:00 p.m. Arts & Crafts Christmas Theme 4th 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half 5:30 p.m. Arts & Crafts (Christmas theme for the tree) 3rd</p>	<p>13 picnic lunch (3rd) 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:30 a.m. Picnic Lunch 2:30 Christmas Party Natasha 2nd (Dining Room) 4:00 p.m. Happy Half</p>	<p>14 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 12:00 p.m. Christmas High Tea Party Hand Over Heart 3rd & 4th 4:00 p.m. Happy Half</p>	<p>15 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:00 p.m. Music Therapy - 2nd 2:39 p.m. Celebration of Life - Rebecca Blair 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half</p>	<p>16 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3rd 12:00 p.m. Fitness 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:30 p.m. Christmas Concert Patrick Ray 4:00 p.m. Happy Half</p>	<p>17 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. Christmas Concert OneKey Recital 4:00 p.m. Happy Half 5:30 p.m. Gentle Touch</p>
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<p>18 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Bingo 4:00 p.m. Happy Half</p>	<p>19 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:00 p.m. Gentle Touch – 2nd 2:30 p.m. Karaoke (Christmas) 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half 5:30 p.m. Flower Arranging – 3rd 6:30 p.m. Flower Arranging – 4th</p>	<p>20 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 12:00 p.m. Men’s Lunch with Nicholas 2:00 p.m. 1:1 – 2nd 4:00 p.m. Happy Half 4:00 p.m. Christmas Lights Tour</p>	<p>21 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. Christmas Concert Bob Collins 4:00 p.m. Happy Half</p>	<p>22 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Music Therapy - 2nd 2:30 p.m. Christmas Story, Reading by Bernard Cuffling “The Night Before Christmas” 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half</p>	<p>23 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:00 p.m. Fitness 3rd 12:00 p.m. Fitness 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:30 p.m. Christmas Concert Alison Jenkins 4:00 p.m. Happy Half</p>	<p>24 9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness 2:30 p.m. Clark/Reid Family Christmas Carollers 4:00 p.m. Happy Half</p>

<p>25</p> <p>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Catch & Throw 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 3rd & 4th 2:00 p.m. Christmas Movie 3rd & 4th 4:00 p.m. Happy Half</p>	<p>26</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:30 p.m. Eggnog Social 3:45 p.m. Walks/1-1 – 2nd 4:00 p.m. Happy Half</p>	<p>27 picnic lunch 2nd</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:30 a.m. Picnic Lunch 2:00 p.m. Domino 2:00 p.m. Sensory – 2nd 2:00 p.m. Sing along - 3rd 3:00 p.m. Sing along - 4th 4:00 p.m. Happy Half</p>	<p>28</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. New Year’s Party/ Welcome New Residents Hand Over Heart 4:00 p.m. Happy Half</p>	<p>29</p> <p>9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1-1 – 3rd/4th 2:00 p.m. Bingo 4th 2:00 p.m. Music Therapy 4:00 p.m. Happy Half</p>	<p>30</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness 3rd 12:00 p.m. Fitness 4th 2:00 p.m. Word Timer 4th 4:00 p.m. Happy Half</p>	<p>31</p> <p>9:00 a.m. Walk a Block 10:45. Fitness/Catch & Throw/ Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Hangman Game (New Year Theme) 3rd 4:00 p.m. Happy Half/Sparkling Champagne</p>
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