

ACTIVITY CALENDAR - MAY 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>1</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half</p>	<p>2 picnic lunch 3rd</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:30 p.m. Picnic Lunch 2:15 p.m. Weight Class 4 2:00 p.m. Domino 4 2:00 p.m. Sing Along 3 2:45 p.m. Soup Club 2 3:00 p.m. Sing along 4 3:15 p.m. Weight Class 3 4:00 p.m. Happy Half</p>	<p>3</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Birthday Party Luna Rossa 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:30 p.m. Walks/1;1 4 4:45 p.m. A Good Read 5:45 p.m. Gentle Touch</p>	<p>4</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 1:15 p.m. Sensory 2 2:00 p.m. Music Therapy2 2:00 p.m. Indoor Golf 4 2:15 p.m. Arts & Crafts “Mother’s Day theme” 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 p.m. 1:1 4 5:45 p.m. Documentary 3 6:45 p.m. Word Timer 4</p>	<p>5</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:30 p.m. Cinco de Mayo Robert Sproviero 3:45 p.m. Sing along 2 4:00 p.m. Happy Half 5:45 p.m. Hangman Easter theme 3 6:45 p.m. Hangman 4</p>	<p>6</p> <p>9:00 a.m. Walk a Block 10:45 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 pm. Fitness – 4 12:50 p.m. Walks/1:1 2 2:00 p.m. Karaoke 3 & 4 3:30 p.m. Walks/1:1 2 4:00 p.m. Happy Half 4:30 p.m. Gentle Touch 4 5:30 p.m. Gentle Touch 3 6:45 p.m. Hangman Game 4</p>
<p>7</p> <p>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/Walks 2:00 p.m. Sensory 2 2:00 p.m. Bingo 3 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:30 p.m. Domino 4 5:45 p.m. Gentle Touch 6:45 p.m. Word Timer 4</p>	<p>8</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Crossword Puzzle 4:00 p.m. Happy Half</p>	<p>9 picnic lunch 4th</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:30 p.m. Picnic Lunch 2:15 p.m. Weight Class 4 2:00 p.m. Domino 4 2:00 p.m. Sing Along 3 2:45 p.m. Soup Club 2 3:00 p.m. Sing along 4 3:15 p.m. Weight Class 3 4:00 p.m. Happy Half</p>	<p>10</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Chair Yoga 3 12:00 p.m. Chair Yoga 4 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Waffle Party 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:30 p.m. Walks/1;1 4 4:45 p.m. A Good Read 5:45 p.m. Gentle Touch</p>	<p>11</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 1:15 p.m. Sensory 2 2:00 p.m. Music Therapy2 2:00 p.m. Indoor Bowling 2:30 p.m. Art with Leonard 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 p.m. 1:1 4 4:45 p.m. Documentary 3 6:45 p.m. Word Timer 4</p>	<p>12</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:30 p.m. Patrick Ray Classical Music 3:45 p.m. Sing along 2 4:00 p.m. Happy Half 5:45 p.m. Hangman Easter theme 3 6:45 p.m. Hangman 4</p>	<p>13</p> <p>9:00 a.m. Walk a Block 10:45 a.m. Fitness/Catch & Throw 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Gentle Touch 2 1:45 p.m. Sensory 2 2:00 p.m. Karaoke 3 & 4 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:30 pm. Card Game 4 5:45 p.m. Gentle Touch 6:45 p.m. Hangman 4</p>

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<p>14 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2nd 2:30 p.m. * Mother’s Day Party – Hand Over Heart 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:30 p.m. Hangman 4 5:45 p.m. Bingo 3 6:45 p.m. Bingo 4</p>	<p>15 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 11:00 p.m. Fitness – 4 2:30 p.m. Bingo 4:00 p.m. Happy Half</p>	<p>16 <i>Bus Adventure</i> 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Fitness/Sensory 2nd 11:00 a.m. Bus Adventure 2:15 p.m. Weight Class 4 2:00 p.m. Domino 4 2:00 p.m. Sing Along 3 3:00 p.m. Sing along 4 3:15 p.m. Weight Class 3 4:00 p.m. Happy Half</p>	<p>17 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Gentle Touch 2 1:45 p.m. Sensory 2 2:30 p.m. Broadway Tunes – Anna de Pansacola 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 6:30 p.m. Pub night -Bob Collins</p>	<p>18 9:00 a.m. Walk a Block 10:00 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Painting 3 (S) 2:00 p.m. Music Therapy 2 (Bethany) 2:00 p.m. Word Timer 4 4:00 p.m. Gentle Touch 2 4:00 p.m. Happy Half 4:30 p.m. A Good Read 4 5:45 p.m. Gentle Touch</p>	<p>19 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Cooking Demonstration with Eroll 3:30 p.m. Reminiscing 3 4:00 p.m. Happy Half 4:30 p.m. Dominoes 4 5:45p.m. Gentle Touch 3 6:45 p.m. Word Timer 4</p>	<p>20 9:00 a.m. Walk a Block 10:45 a.m. Fitness/ 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Karaoke 3 & 4 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:30 pm. Dominoes 4 5:45 p.m. Documentary 3 6:45 p.m. Hangman 4</p>
<p>21 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness Sensory2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/Walks 2 1:45 p.m. Gentle Touch 2 2:00 p.m. Bingo 4 3:30 p.m. Reminiscing 3 4:00 p.m. Happy Half 4:30 p.m. Dominoes 4 5:45 p.m. Gentle Touch</p>	<p>22 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half</p>	<p>23 <i>picnic lunch 2nd</i> 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:30 p.m. Picnic Lunch 2:00 p.m. Afternoon walks/ Gentle Touch 2/3 4:00 p.m. Happy Half</p>	<p>24 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1- 2 1:45 p.m. Sensory 2 2:30 p.m. Ice Cream Social 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 5:45 p.m. Gentle Touch</p>	<p>25 9:00 a.m. Walk a Block 10:00 a.m. Fitness 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1:1 2 1:15 p.m. Sensory 2 2:00 p.m. Music Therapy 2:00 p.m. Crossword 3 3:45 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:30 p.m. Reminiscing 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Word Timer 4</p>	<p>26 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:00 p.m. Crossword 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:30 pm. Gentle Touch 4 5:45 p.m. Reminiscing 3 6:45 p.m. Pictionary 4</p>	<p>27 9:00 a.m. Walk a Block 10:45 a.m. Fitness 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Karaoke 4 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:30 pm. Coloring 4 5:45 p.m. Gentle Touch 6:45 p.m. Hangman 4</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>28 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/ Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Bingo 4th 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:30 p.m. Scrabble 4 5:45 p.m. Gentle Touch 3 6:30 p.m. Word Timer 4</p>	<p>29 9:00 a.m. Walk a Block 10:00 p.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Vancouver College of Dental Hygiene – Oral Health Presentation 4:00 p.m. Happy Half</p>	<p>30 picnic lunch 3rd 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 11:30 p.m. Picnic Lunch 2:00 pm. Soup Club 2:00 p.m. Domino 4 2:00 p.m. Sing Along 3 3:00 p.m. Sing along 4 4:00 p.m. Happy Half</p>	<p>31 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1- 2 1:45 p.m. Sensory 2 2:30 p.m. Welcome New Residents – Hand Over Heart 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 6:30 p.m. High Spirits Choir</p>			