

ACTIVITY CALENDAR - MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Note: Music therapy on 2nd Floor</p> <p>Monday, Tuesday, Wednesday & Friday 10:00 am – 10:45 am</p> <p>Thursday 2:00 pm to 2:45 pm</p>		<p>1</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2nd 10:50 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Birthday Party Luna Rossa 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. A Good Read 4th 5:45 p.m. Gentle Touch</p>	<p>2</p> <p>9:00 a.m. Walk a Block 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 1:15 p.m. Walks/1:1 4th 2:00 p.m. Tea & Toast 3rd 2:00 p.m. Music Therapy 2:45 p.m. Sensory 2nd 3:30 p.m. Indoor Bowling 4th 4:00 p.m. Happy Half 4:45 p.m. Walks/1:1 4th 5:45 p.m. Bingo 3rd 6:45 p.m. Bingo 4th</p>	<p>3</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2nd 10:50 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 1:15 p.m. Walks/1:1 2nd 2:30 p.m. Classical Patrick Ray 3:30 p.m. News & Views 3rd 3:45 p.m. Sing along 2nd 4:00 p.m. Happy Half 4:45 pm. Dominoes 4th 5:45 p.m. Reminiscing</p>	<p>4</p> <p>9:00 a.m. Walk a Block 10:30 a.m. Fitness/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 pm. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:00 p.m. Karaoke 4th 3:30 p.m. Walk/1:1 3rd /4th 4:00 p.m. Happy Half 4:45 p.m. News & Views 3rd 5:30 p.m. Gentle Touch 6:45 p.m. Hangman 4th</p>
<p>5</p> <p>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 11:00 a.m. Fitness/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2:00 p.m. Sensory 2nd 2:00 p.m. Bingo 3rd 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Reminiscing 4th 5:30 p.m. Gentle Touch</p>	<p>6</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2nd 10:45 a.m. Sensory 2nd 11:00a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half</p>	<p>7 (picnic lunch 4th)</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2nd 11:30 p.m. Picnic Lunch 2:00 p.m. Weight Class 4th 2:00 p.m. Dominoes 4th 2:00 p.m. Sing Along 3rd 2:00 p.m. Sensory 2nd 3:00 p.m. Sing along 4th 3:00 p.m. Weight Class 3 4:00 p.m. Happy Half</p>	<p>8</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Alison Jenkins Accordion Music 3:30 p.m. Sing along 2nd 4:00 p.m. Happy Half 4:45 p.m. Dominoes 4th 5:30 p.m. Gentle Touch 3 6:30 p.m. Hangman 4th</p>	<p>9</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:00 p.m. Music Therapy 2nd 2:30 p.m. Margarita Social 4:00 p.m. Happy Half 4:45 p.m. 1:1 4th 5:30 p.m. Documentary 3rd 6:30 p.m. Word Timer 4th</p>	<p>10</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Sing along 2nd 10:45 a.m. Sensory 2nd 11:00 a.m. Fitness 3rd 12:00 a.m. Fitness 4th 12:50 p.m. 1:1/walks 2nd 2:00 p.m. Karaoke 3rd 2:30 p.m. Arts & Crafts 4th 3:45 p.m. Sing along 2nd 4:00 p.m. Happy Half 5:30 p.m. Reminiscing 3rd 6:30 p.m. Reminiscing 3rd</p>	<p>11</p> <p>9:00 a.m. Walk a Block 10:45 a.m. Fitness/Catch & Throw 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Gentle Touch 2nd 2:00 p.m. Karaoke 4th 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 pm. Card Games 4th 5:30 p.m. Gentle Touch 6:45 p.m. Hangman 4th</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>12</p> <p>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/ coloring 2:00 p.m. Sensory 2nd 2:00 p.m. Documentary “Easter theme” 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Hangman 3rd 5:45 p.m. Gentle Touch 6:45 p.m. Word Timer 4th</p>	<p>13</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Sing along 2nd 10:45 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 11:00 p.m. Fitness – 4th 2:30 p.m. Hangman “St. Patrick’s theme” 4:00 p.m. Happy Half</p>	<p>14 (picnic lunch 3rd)</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Fitness/Sensory 2nd 11:00 a.m. Picnic Lunch 2:00 p.m. Sing along 3rd 2:30 p.m. Soup Club 2nd 2:30 p.m. 1:1/Gentle Touch 3:00 p.m. Sing along 4th 4:00 p.m. Happy Half</p>	<p>15</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:50 a.m. Fitness/ Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Gentle Touch 2nd 2:30 p.m. Music with Bruce Coughlan 3:30 p.m. Walks/1:1 3&4 4:00 p.m. Happy Half 4:45 pm. Coloring 4th 5:30 p.m. Gentle Touch</p>	<p>16</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Fitness/ Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 1:15 p.m. Sensory 2nd 2:00 p.m. Music Therapy 2:00 p.m. Word Timer 4th 2:50 p.m. Sensory 2nd 3:30 p.m. A Good Read 3 4:00 p.m. Happy Half 4:30 p.m. A Good Read 4 5:30 p.m. Gentle Touch</p>	<p>17</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:50 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:30 p.m. St. Patrick’s Day Party – Robert Sproviero 4:00 p.m. Happy Half 4:15 p.m. Arts & Crafts 4th 5:30 p.m. Reminiscing 3rd 6:30 p.m. Word Timer 4th</p>	<p>18</p> <p>9:00 a.m. Walk a Block 10:45 a.m. Fitness/ Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 2:00 p.m. Karaoke 4th 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 pm. Dominoes 4th 5:45 p.m. Documentary 3rd 6:45 p.m. Hangman 4th</p>
<p>19</p> <p>9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness 2nd 10:45 p.m. Fitness 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 1:15 p.m. Gentle Touch 2 2:00 p.m. Bingo 4th 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Dominoes 4th 5:30 p.m. Gentle Touch</p>	<p>20</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:30 p.m. Flower Arranging Theme “Spring Flowers” 4:00 p.m. Happy Half</p>	<p>21</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Picnic Greek Lunch with Margareta 4th 2:30 p.m. Soup Club 2nd 2:30 p.m. 1:1/ Gentle Touch 2nd 3:30 p.m. Weight Class 4th 4:00 p.m. Happy Half</p>	<p>22</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1- 1:15 p.m. Walks/1:1 2nd 2:00 p.m. Indoor Golf 4th 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 6:30 p.m. Pub Night Bob Collins</p>	<p>23</p> <p>9:00 a.m. Walk a Block 11:00 a.m. Fitness 3rd 12:00 p.m. Fitness 4th 1:15 p.m. Walks/1:1 2nd 2:00 p.m. Crossword 3rd 2:00 p.m. Music Therapy 4:00 p.m. Happy Half 4:45 p.m. News & Views 4th 5:45 p.m. Gentle Touch 6:45 p.m. Word Timer 4th</p>	<p>24</p> <p>9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. 1:1/walks 1:30 p.m. Resident Council Meeting 2:00 p.m. Karaoke 4th 3:30 p.m. Walk/1:1 3rd /4th 4:00 p.m. Happy Half 5:30 p.m. Gentle Touch 6:30 p.m. Pictionary 4</p>	<p>25</p> <p>9:00 a.m. Walk a Block 10:45 a.m. Fitness 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 1:15 p.m. Walks/1:1 2nd 2:00 p.m. Documentary on Greek Independence 3:30 p.m. Walks/1:1 4:00 p.m. Happy Half 4:45 pm. Coloring 4th 5:45 p.m. Gentle Touch 6:45 p.m. Hangman 4th</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>26 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 1:15 p.m. Walks/1:1 2nd 2:00 p.m. Bingo 3rd 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Scrabble 4th 5:30 p.m. Gentle Touch 3rd 6:30 p.m. Word Timer 4th</p>	<p>27 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 12:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 2:00 p.m. Karaoke 3rd 2:00 p.m. Dominoes 4th 4:00 p.m. Happy Half</p>	<p>28 (picnic lunch 2nd) 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:50 a.m. Sensory 2nd 11:30 p.m. Picnic Lunch 1:15 p.m. Weight Class 3rd 1:45 p.m. Documentary 2nd 2:00 p.m. Sing Along 3rd 2:00 p.m. Domino 4th 3:00 p.m. Sing Along 4th 3:45 p.m. Weight Class 4th 4:00 p.m. Happy Half</p>	<p>29 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 3rd 1:15 p.m. Sensory 2nd 2:30 p.m. Welcome New Residents – Hand Over Heart 3:30 p.m. Walk/1:1 3rd / 4th 4:00 p.m. Happy Half 5:45 p.m. Gentle Touch</p>	<p>30 9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 12:15 p.m. Walks/1:1 2nd 2:00 p.m. Crossword 3rd 2:00 p.m. Music Therapy 2:45 p.m. Sensory 2nd 3:30 p.m. Walks/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. News & Views 4th 5:45 p.m. Gentle Touch 6:45 p.m. Word Timer 4th</p>	<p>31 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. 1:1/walks 1:15 p.m. Walks/1:1 2nd 2:30 p.m. Celebration of Life – Rebecca Blair 3:30 p.m. Walk/1:1 3rd / 4th 4:00 p.m. Happy Half 5:30 p.m. Gentle Touch</p>	