

ACTIVITY CALENDAR - AUGUST 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Note: Music therapy on 2nd Floor Monday, Tuesday, Wednesday & Friday 10:00 am – 10:45 am Thursday 2:00 pm to 2:45 pm</p>	<p>1 (picnic lunch 4th) 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:30 a.m. Picnic Lunch 2:00 p.m. Sing Along 3 2:45 p.m. Soup Club 2 3:00 p.m. Sing along 4 4:00 p.m. Happy Half</p>	<p>2 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Chair Yoga Leela Holt 3 11:40 a.m. Chair Yoga Leela Holt 4 12:50 p.m. Walks/1:1 2nd 2:30 p.m. Birthday Party Luna Rossa 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:30 p.m. Walks/1;1 4 4:45 p.m. Reminiscing 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Gentle Touch 4</p>	<p>3 9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2nd 1:15 p.m. Sensory 2 2:00 p.m. Music Therapy 2 2:00 p.m. Indoor Golf 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 p.m. Domino 4 5:45 p.m. Coloring 3 6:45 p.m. Arts & Crafts 4 Theme: India</p>	<p>4 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:30 p.m. Classical Music Patrick Ray 3:45 p.m. Sing along 2 4:00 p.m. Happy Half 4:45 p.m. Trivia 4 5:45 p.m. Hangman 3 6:45 p.m. Hangman 4</p>	<p>5 9:00 a.m. Walk a Block 10:45 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 pm. Fitness – 4 12:50 p.m. Walks/1:1 2 2:00 p.m. Pictionary 4 3:30 p.m. Walks/1:1 2 4:00 p.m. Happy Half 4:30 p.m. Gentle Touch 4 5:30 p.m. Gentle Touch 3 6:45 p.m. Hangman Game 4</p>
<p>6 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/Walks 2:00 p.m. Sensory 2 2:15 p.m. Bingo 4 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:45 p.m. A Good Read 4 5:45 p.m. Gentle Touch 6:45 p.m. Word Timer 4</p>	<p>7 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Flower Arranging 4:00 p.m. Happy Half</p>	<p>8(picnic lunch 3rd) 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:30 a.m. Picnic Lunch 2:00 p.m. Sing Along 3 2:45 p.m. Soup Club 2 3:00 p.m. Sing along 4 3:00 p.m. Domino 4 4:00 p.m. Happy Half</p>	<p>9 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Chair Yoga Leela Holt 3 11:40 a.m. Chair Yoga Leela Holt 4 12:50 p.m. Walks/1:1 2nd 2:30 p.m. BC Day Celebration – Lorraine Smith 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half</p>	<p>10 9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walk a Block 2:15 p.m. Tea & Toast 4 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 p.m. Domino 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Word Timer 4</p>	<p>11 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:30 p.m. Music with Yuliya (piano) 3:45 p.m. Sing along 2 4:00 p.m. Happy Half 5:45 p.m. Jengga Tower 3 6:45 p.m. Jengga Tower 4</p>	<p>12 9:00 a.m. Walk a Block 10:45 a.m. Fitness/Catch & Throw 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Gentle Touch 2 1:45 p.m. Sensory 2 2:00 p.m. Pictionary 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:45 pm. Card Game 4 5:45 p.m. Gentle Touch 6:45 p.m. Domino 4</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>13 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness 2nd 11:00 a.m. Fitness – 3rd 12:00 p.m. Fitness – 4th 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2nd 2:00 p.m. Flower Arranging 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Reminiscing 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Domino 4</p>	<p>14 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:30 p.m. India Independence Day 4:00 p.m. Happy Half 4:45 pm. Card Game 4 5:45 p.m. Documentary 3 6:45 p.m. Hangman 4</p>	<p>15 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Fitness/Sensory 2nd 11:00 a.m. Lunch & Learn with Eroll 2:30 p.m. Staff Longevity Award 4:00 p.m. Happy Half</p>	<p>16 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Breathing Class Harsha Sosa 3 11:00 a.m. Breathing Class Harsha Sosa 4 12:50 p.m. Gentle Touch 2 1:45 p.m. Sensory 2 2:30 p.m. Dance Beat Anna de Pansacola 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:45 pm. Trivia 4 5:45 p.m. Gentle Touch</p>	<p>17 9:00 a.m. Walk a Block 10:00 a.m. Fitness/Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 2:00 p.m. Music Therapy 2:30 p.m. Acoustic Music with Chris & Victoria 4:00 p.m. Gentle Touch 2 4:00 p.m. Happy Half 4:45 p.m. A Good Read 4 5:45 p.m. Bingo 4</p>	<p>18 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:30 p.m. Word Timer 3:30 p.m. Reminiscing 3 4:00 p.m. Happy Half 4:45 p.m. Dominoes 4 5:45p.m. Gentle Touch 3 6:45 p.m. Word Timer 4</p>	<p>19 9:00 a.m. Walk a Block 10:45 a.m. Fitness/ 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Karaoke 3 & 4 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half</p>
<p>20 9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/Sensory 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/Walks 2 1:45 p.m. Gentle Touch 2 2:15 p.m. Bingo 4:00 p.m. Happy Half 4:45 p.m. Gentle Touch 4 5:45 p.m. Karaoke 3 6:45 p.m. Word Timer 4</p>	<p>21 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness Class 3 12:00 p.m. Fitness Class 4 2:30 p.m. Music Bob Collins 4:00 p.m. Happy Half</p>	<p>22 (picnic lunch 2nd) 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 2 10:45 a.m. Sensory 2 1100 a.m. Picnic Lunch 2:00 p.m. Afternoon walks/ Gentle Touch 2/3 2:30 p.m. Soup Club 2 4:00 p.m. Happy Half</p>	<p>23 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 11:00 a.m. Breathing Class (Harsha Sosa) – 3 11:40 p.m. Breathing Class (Harsha Sosa)– 4 12:50 p.m. Walks/1:1- 2 1:45 p.m. Sensory 2 2:30 p.m. Sports Day 4:00 p.m. Happy Half 5:45 p.m. Karaoke 3 6:45 p.m. Hangman 4</p>	<p>24 9:00 a.m. Walk a Block 10:00 a.m. Fitness 2 11:00 a.m. Fitness 3 12;00 p.m. Fitness 4 12:50 p.m. Walks/1:1 2 1:15 p.m. Sensory 2 2:00 p.m. Music Therapy 2:30 p.m. Indoor Bowling 3:45 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 p.m. Gentle Touch 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Domino 4</p>	<p>25 9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. 1:1/walks 2 1:45 p.m. Sensory 2 2:30 p.m. Celebration of Life – Rebecca Blair 3:30 p.m. Gentle Touch 3 4:00 p.m. Happy Half 4:45 pm. Card Game 4 5:45 p.m. Reminiscing 3 6:45 p.m. A Good Read 4</p>	<p>26 9:00 a.m. Walk a Block 10:45 a.m. Fitness 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Karaoke 4 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:45 pm. Coloring 4 5:45 p.m. Coloring 3 6:45 p.m. Word Timer 4</p>

ACTIVITY CALENDAR – AUGUST 2023 with staff schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p style="margin: 0;">27</p> <p style="margin: 0;">9:00 a.m. Walk a Block 9:30 a.m. Catholic Service 10:45 a.m. Fitness/ Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Sensory 2 2:00 p.m. Bingo 3 3:30 p.m. Walk/1:1 3rd 4:00 p.m. Happy Half 4:45 p.m. Card Game 4 5:45 p.m. A Good Read 3 6:30 p.m. Word Timer 4</p>	<p style="margin: 0;">28</p> <p style="margin: 0;">9:00 a.m. Walk a Block 10:00 p.m. Music Therapy 2 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 2:00 p.m. Flower Arranging 3:45 p.m. Gentle Touch 2 4:00 p.m. Happy Half</p>	<p style="margin: 0;">29 (picnic lunch 4th)</p> <p style="margin: 0;">9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2nd 11:30 a.m. Picnic Lunch 12:50 pm. Walks/1:1 2 2:15 p.m. Weight Class 4 2:00 pm. Soup Club 2:00 p.m. Sing Along 3 3:00 p.m. Sing along 4 3:00 p.m. Domino 4 3:15 p.m. Weight Class 3 4:00 p.m. Happy Half</p>	<p style="margin: 0;">30</p> <p style="margin: 0;">9:00 a.m. Walk a Block 10:00 a.m. Music Therapy 10:45 a.m. Sensory 2 11:00 a.m. Fitness – 3 12:00 p.m. Fitness – 4 12:50 p.m. Walks/1:1 2 1:45 p.m. Gentle Touch 2 2:30 p.m. Welcome New Residents – Hand Over Heart 3:30 p.m. Walk/1:1 3 4:00 p.m. Happy Half 4:45 p.m. Reminiscing 4 5:45 p.m. Reminiscing 3 6:45 p.m. Hangman 4</p>	<p style="margin: 0;">31</p> <p style="margin: 0;">9:00 a.m. Walk a Block 10:00 a.m. Sensory 2nd 11:00 a.m. Fitness 3 12:00 p.m. Fitness 4 12:50 p.m. Walks/1:1 2 1:15 p.m. Gentle Touch 2 2:30 p.m. Music Robert Sproviero 2:00 p.m. Music Therapy 3:30 p.m. Walks/1:1 3 4:00 p.m. Happy Half 4:45 p.m. News & Views 4 5:45 p.m. Gentle Touch 3 6:45 p.m. Word Timer 4</p>	